

Cooling Methods



Ice Bath Method

- The ice bath should be the same level as the product
- Stir frequently
- Consider also using ice wands



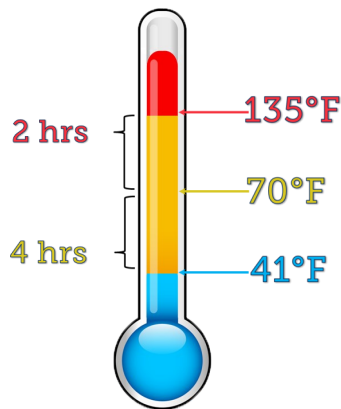
Shallow Metal Pans

- Use thinner pans for quicker cooling
- Divide food into smaller portions
- Use metal pans rather than plastic
- While cooling keep uncovered or loosely covered



Smaller Portions

- Cut dense foods into smaller pieces to ensure proper cooling
- Divide food into smaller portions



Foods must be rapidly cooled from 135 °F in six hours, provided that within the first two hours the food is cooled from 135 °F to 70 °F.



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